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**Author Contributions:**<sup>1</sup> Conceptualization, X.X. and Y.Y.; Methodology, X.X.; Validation, X.X., Y.Y. and Z.Z.; Formal Analysis, X.X.; Investigation, X.X.; Writing – Original Draft Preparation, X.X.; Writing – Review & Editing, X.X.; Visualization, X.X.; Supervision, X.X. All authors have read and agreed to the published version of the manuscript.

### Funding:<sup>2</sup>

- ✓ This research received no external funding.
- ✓ This research was funded by [name of funder] grant number [xxx]

### Institutional Review Board Statement:<sup>3</sup>

- ✓ Not applicable.
- ✓ *For example:* The study was approved by the Ethics and Bioethics Committee of the Cardinal Stefan Wyszyński University in Warsaw (21 September, 2021).

### Conflicts of Interest:<sup>4</sup>

- ✓ The authors declare no conflict of interest.
- ✓ The founding sponsors had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

### Acknowledgments:

#### Explanation of Contributing Authors' Activities

<b>Conceptualization</b>	Ideas; formulation or evolution of overarching research goals and aims.
<b>Formal analysis</b>	Application of statistical, mathematical, computational, or other formal techniques to analyze or synthesize study data.
<b>Investigation</b>	Conducting a research and investigation process, specifically performing the experiments, or data/evidence collection.
<b>Methodology</b>	Development or design of methodology; creation of models.
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